

## A NOTE FROM TIM + ANNE

This Companion Journal was written to accompany the book, *REAL LIFE Marriage: it's not about me*. Each chapter of the Companion Journal correlates with the chapters in the book. This Journal was written for those who have a desire to advance in intimacy with God and their spouse.

Advancing in **Spirit Oneness**, **Soul Oneness**, and **Body Oneness** is not about acquiring more information; it's about making personal applications of the biblical principles God has already revealed to you. This Companion Journal contains questions and REAL LIFE applications that invite you to reflect on your relationship with God, yourself, and your spouse. Each chapter concludes with a specific Listening to God Challenge. The Companion Journal is designed with the opposite page ruled for you to record your answers and anything else the Holy Spirit may be saying to you.

God is inviting every husband and wife to return to His original, Plan A design for marriage by living out the simple truth, *it's not about me*. We pray as you spend time with God and work through this Companion Journal, you will continue to grow in your understanding of the story He is telling through your life and marriage.

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